



Sporting Excellence

AESE enables talented riders to get the support they need to succeed.

AESE is tailored around the equestrian Olympic disciplines. Athletes are coached by world-class trainers developing a range of skills including career planning, physical health, performance psychology, communication and managing the media.

This Level 3 advanced apprenticeship is for those based in England, and is equivalent to A-Level standard.



AESE is now an apprenticeship standard for 2024, it is:

- Employer led based on industry requirements
- Flexible in it's delivery approach
- Focused on developing skills, knowledge and behaviours
- Supported by coaching and teaching
- Tailored to chosen disciplines
- Measured through a robust end point assessment process



Developing core knowledge, skills & behaviours. AESE modules cover:

Tactical and technical skills
Physical performance
Injury risk and management
Safe practice
Anti-doping
Nutritional performance
Effective communications
Lifestyle and personal development
Career and self-development
Communication
Psychological and emotional performance

AESE also develops athletes in:

Professionalism
Teamwork
Time management
Respect
Goal setting
Self-reflection
Inclusive behaviours
Work ethic

Our Delivery Overview

There will be six specialist camps. Each one lasts two days and covers a range of knowledge, skills and behaviours.

Camp Coaches include:

Tactical and Technical skills; Charlie Hutton, Andrew Saywell, Coral Keen and Heike Holstein

Lifestyle and personal development; Sandie Robertson

Communications; Lizzie Greenwood Hughes

Physical performance; Sheffield Hallam

Psychological and emotional performance; Sandie Robertson

Nutritional performance; Julia Scott Douglas

Career and self-development; Alternative Careers

External Speakers; John Killingbeck, Haydn Price, Mark McGowan and the BEF



Entry Requirements

Dressage

Criteria to achieve

65% or above on four occasions, Medium level and above in 2021, 2022 and 2023

70% or above on horses up to 7 years, Elementary or above

We are delighted to offer the opportunity for all para dressage athletes to be considered for AESE 2023. Please contact us to discuss requirements and accessibility.

Criteria to achieve

Eligible to compete at BE Novice, or CCI1* in 2021 onwards

Top 50% finish on horses up to 7 years in 2022 CCI2* in 2021 onwards

Long listed for a European team Ponies, Junior, Young Riders

Top 25% finish U18 Regional Team Championships from 2021 onwards

Top 10 finish Pony Club regional championships from 2021 onwards

Criteria to achieve

1.20 or above - 4 double clears

1.20 + on horses up to 7 years - 2 double clears

1.10 - 1.20 on horses up to 6 years - 2 double clears

1.00 - 1.10 on horses up to 5 years - 2 double clears

Long listed for BS youth/junior programmes or European Team

1.10 or above - 4 double clears on ponies

Showjumping



Apprenticeship Assessment

Once the learner completes their learning towards the required modules, and the employer, learner, and Trainer Coach agree they are ready for their exam, they enter a gateway period. This is where all teaching and learning stops, and the learner moves on to their Apprenticeship Assessment to demonstrate what they have learned.

Knowledge test

Consisting of forty multiple choice questions, incorporating scenario based questions.

Observation

A robust practical observation with questions lasting approximately two and a half hours.

Interview

A professional interview underpinned by a portfolio of evidence.

If you have any questions about AESE or would like to know more about our work in equine, animal care or business, please get in touch with our AESE Enrolment Advisor.

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